



# Painting Mini Abstracts for Beginners

A playful mixed media exploration to ignite your creative spark!  
with Isa Dor

## List of art supplies:

- Sheet of Mixed media or watercolor paper, size A4, 250gsm (100lbs) minimum weight
- Flat brushes and filbert brushes, medium width
- Old flat brush for glueing
- Acrylic Inks or High Flow Acrylics (e.g. Daler Rowney, Amsterdam, Liquitex, GOLDEN)
- 12 cradled unprimed wood panels, 10x10cm (4x4")
- Stencil
- Make-up sponge
- Tear-off paper palette
- Oil pastels
- Stabilo All pencil
- Acrylic paint markers (Uni Posca or Molotow one4all), different sizes (1 and 2mm recommended)
- Rubber Stamp (medium size)
- Matte medium (for collage)
- White gesso
- Gel plate 15x15cm (6x6") and rubber brayer (Gel Press or Gelli Arts)
- Rice paper (2-3 sheets or in roll)
- MSA Acrylic Varnish spray (e.g. Amsterdam, GOLDEN) in your preferred sheen (mat, satin, gloss)

## List of home supplies:

- Hair dryer
- Exacto knife
- Cutting mat
- Graphite pencil
- Scissors
- Copy paper
- Paper towel
- Baking paper
- Ruler